

Healing Prayer at Bedtime

O Jesus, through the power of the Holy Spirit, and the intercession of Mary, go back into my memory as I sleep. Every hurt that has ever been done to me – heal that hurt. Every hurt that I have ever caused to another person – heal that hurt. All the relationships that have been damaged in my whole life that I am not aware of – heal those relationships.

But Lord, if there is anything that I need to do – if I need to go to a person because he is still suffering from my hand, bring to my awareness that person.

I choose to forgive, and I ask to be forgiven. Remove whatever bitterness may be in my heart, Lord, and fill the empty spaces with your love. Thank You, Jesus and Mary.

Amen.

The Miracle Prayer

Lord Jesus, I come before You, just as I am. I am sorry for my sins, I repent of my sins, please forgive me. In Your name I forgive all others for what they have done against me. I renounce Satan, the evil spirits and all their works. I give You my entire self, Lord Jesus, now and forever. I invite You into my life, Jesus. I accept You as my Lord, God, and Savior. Heal me, change me, strengthen me in body, soul, and spirit. Come, Lord Jesus, cover me with Your precious blood, and fill me with Your Holy Spirit. I love You, Lord Jesus. I praise You, Jesus. I thank You, Jesus. I shall follow You every day of my life.

Amen.

Mary my mother, Queen of Peace, all the Angels and Saints, please help me. Amen.

Say this prayer faithfully, no matter how you feel. When you come to the point where you sincerely mean each word, with all your heart, something good spiritually will happen to you. You will experience Jesus, and He will change your whole life in a very special way. You will see.

Fr. Peter Mary Rookey, OSM